

# CAN YOU SPARE AN HOUR A WEEK

to visit a lonely elderly person?

## VOLUNTEERS NEEDED URGENTLY

At Falmouth Age Concern, we have been running a successful Befriending Service in Falmouth and Penryn for 14 years, and have recently launched a new outreach service enabling us to expand our services to Mawnan Smith. We are seeking volunteers to visit a lonely, elderly person for a chat about once a week. It's a simple service just offering some company and human contact to those who need it most.

We have a long waiting list of clients at the moment, so are urgently seeking some new volunteers to help with befriending. If you could spare an hour a week or know anyone who might be a suitable volunteer, please get in touch.

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